

Bangkok Canteen

BANGKOK CANTEEN is found on the belief that we could create the best Thai dishes GLUTEN FREE, with locally sourced ingredients.

We have GLUTEN FREE, ORGANIC or VEGAN Beer & Wine. We pride ourself for working closely with local suppliers and we feel that we have a responsibility for the local community and environment. We constantly try to lessen its environmental impact by using all Bio cleaning products, waste recycle and reduce food miles.

OUR INGREDIENTS...

Our seafoods are sustainably sourced and we use freerange eggs from local yolks.

All meats are UK based and UK season vegetables with some EU sourced.

We use Thai herbs freshly delivered from Thailand, Thai rice noodles and organic brown rice vermicelli use to increase fibre taking.

GLUTEN FREE - LOCAL - SUSTAINABLE - ECOFRIENDLY & ENERGYSMART

GLOUCESTER OLD SPOT - Court farm Shop, Cheltenham

LONGHORN BEEF AND COTSWOLD RACK - Rear and cut hung in Himalayan Salt Chamber locally.

CHICKEN - 100% British RED TRACTOR

FISH & SEAFOOD - Sustainable sources from MSC membership.

TOFU - Made in UK with Non GM soya beans

VEGETABLES - Seasonal & locally sourced as much as possible

MILK - 100% ORGANIC - Cotswold Dairy, Tewkesbury

FREERANGE EGGS - Local Yolks Farm, Glos

COOKING OIL - Cold pressed Rapeseeds oil, Cotswold Gold

ICE CREAM - Winston Ice Cream, Stroud

VE - SUITABLE FOR VEGANS

V - SUITABLE FOR VEGETARIANS

🔥 - MODERATELY SPICY

🔥🔥 - SPICY

DF - DAIRY FREE



accredited by



Some ingredients contain MSG but we DO NOT ADD MSG in our cooking process. Whole menu are Gluten Free but please let us know if you have any other allergies All dishes, dips and sauces are made on site by our chefs with no artificial colours, flavours nor preservatives added.

- ## Nibbles
- 1. THAI CRACKERS DF** £3.50
Spicy Thai prawns crackers with our sweet chilli sauce.
 - 2. EDAMAME DF** £3.50
Steamed edamame beans topped with sea salt.

- ## Soup
- TOM YAM SOUP DF 🔥**
Traditional Thai hot and sour clear soup flavoured with lemon grass, fresh chillies, lime leaves, galangal and mushroom.
- 11. Mushroom VE** £5.99
 - 12. Chicken** £6.99
 - 13. Prawns** £7.99

- ## Thai Salad
- No oil / warm salad
- 14. LAAB GAI DF 🔥** £11.95
Minced chicken with shallots, lime, chilli and mint.

- ## Noodles
- PAD THAI DF**
Stir fried rice noodles with our PAD THAI sauce, egg & peanut:
- 15. Veg & Tofu V** £9.95
VE Available (no egg)
 - 16. Chicken** £10.95
 - 17. Prawns** £11.95

- ## Starters
- 3. SQUID DF** £7.50
Fried gluten-free batter squid served with our sweet chilli sauce.
 - 4. CHICKEN WING DF** £7.50
Fried chicken wings in red wine sauce, sesame seeds & pickles.
 - 5. CHICKEN SATAY** £7.50
Grilled marinated skewer chicken served with our peanuts sauce.

- ## Mains
- 18. STREET BKK SIRLOIN 🔥 DF** £19.95
Grilled Hereford sirloin Steak from Portway Farm with grilled Veg, mushroom & salad served with lime, chilli & fresh herbs sauce.
 - 19. TAMARIND DUCK DF** £16.99
Confit British duck leg served with sweet tamarind sauce topped with crispy shallots.
 - 20. TALAY PAD CHA 🔥 DF** £17.99
Seabass, prawns, mussels & squid with fresh chilli, garlic, turmeric, wild ginger & fresh peppercorns.
 - 21. JUMBO TOM YUM 🔥 DF** £16.99
JUMBO fresh water prawns in creamy Tom Yum sauce mushroom & Thai herbs
 - 22. SEABASS CURRY 🔥 DF** £17.99
Pan roast whole seabass on Thai green curry of vegetables

- ## Mains
- SWEET & SOUR DF**
Stir-fried with pineapple, peppers, onion in sweet & sour sauce
- 23. Battered Chicken** £10.95
 - 24. Battered Prawns** £12.95
- CHILLI & KAPRAW BASIL 🔥 DF**
Stir-fried with onion, peppers, fine beans, bamboo shoot & Krapraw basil leave
- 25. Chicken** £10.95
 - 26. Prawns** £12.95

- ## Vegan Dishes
- 33. TOFU SWEET & SOUR VE DF** £9.95
Stir-fried crispy tofu & veg in sweet & sour sauce.
 - 34. TOFU KAPRAW VE DF 🔥** £9.95
Stir-fried Tofu with mushroom chilli, garlic & Thai basil.
 - 35. TOFU RED CURRY VE DF 🔥** £9.95
BKK Vegan recipe of red curry with Tofu and mixed vegetables.
 - 36. CHU CHEE CHICKPEAS VE DF 🔥** £9.95
Spice up red curry sauce reduction with butternut squash, ORGANIC Chick peas & lime leave.
 - 37. PAD MA KUA VE DF** £8.99
Crispy aubergine in spicy tamarind sauce & basil.

- 6. GARLIC JUMBO PRAWNS DF** £8.99
Marinated jumbo prawns in garlic & pepper served with Sriracha chilli sauce.
- 7. BKK FISH CAKE DF** £7.50
Minced chicken, fish, prawn blended with curry paste served with sweet chilli sauce & peanut
- 8. PORK RIBS DF** £7.50
Slow cooked pork ribs in Red wine sauce, sesame seeds & our pickles

- 23. Battered Chicken** £10.95
 - 24. Battered Prawns** £12.95
- GINGER & MUSHROOM DF**
Stir-fried with ginger, mushroom, garlic & grounded pepper
- 27. Chicken** 10.95
 - 28. Prawns** £12.95

- 9. VEG TEMPURA VE DF** £6.50
Fried gluten-free batter vegetables served with our sweet chilli sauce
- 10. SWEETCORN VE DF** £6.50
Fried Sweet corn cakes blends with spices with our sweet chilli sauce

Please check our Daily Specials

- ## Side Dishes
- 38. CHOICES OF VEGETABLES VE DF** £3.95
PAK CHOI
Evesham pak choi in garlic sauce
Or
BROCCOLI
British broccoli in garlic sauce

- 29. LONGHORN MASSAMAN DF 🔥** £17.95
Slow cooked LONGHORN beef in famous massaman curry with potatoes, carrot & peanuts.
- 30. CHICKEN GREEN CURRY DF 🔥** £11.95
BKK Thai green curry with chicken, bamboo shoot, basil, courgettes, beans & peppers.

- ## Curries
- 31. OLD SPOT PANANG DF 🔥** £16.95
Gloucester Old Spot Pork in our creamy Panang curry with basil, lime leave & green beans.
 - 32. JUNGLE CURRY DF 🔥** £11.95
Non coconut milk curry with Chicken variety of Thai herbs paste with fresh peppercorn & Vegetables

- ## Curries
- 39. KHAO PAD KAI DF** £3.50
Fried rice with freerange egg from Local Yolk farm & mixed diced vegetables.
 - 40. KHAO SUAY VE DF** £2.95
Steamed 100% Thai Jasmine rice.
 - 41. CHIPS VE DF** £3.00

- ## Rice
- 39. KHAO PAD KAI DF** £3.50
Fried rice with freerange egg from Local Yolk farm & mixed diced vegetables.
 - 40. KHAO SUAY VE DF** £2.95
Steamed 100% Thai Jasmine rice.
 - 41. CHIPS VE DF** £3.00

Food allergies and intolerances
Our food is gluten free. If you have any other allergies, please ask to see our allergen information sheet.

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BOTTLE BEER

Singha, 5% Thai Beer, 330ml	£3.95
Chang, 5% Thai Beer, 330ml	£3.95
Daura Damm / Peroni, Gluten Free Beer, 330ml	£3.95
Becks Blue / Peroni 0%, Alcohol Free, 330ml	£3.75

STROUD BREWERY

Organic & Vegan

Tom Long, 3.5% Organic Amber Bitter, 500ml	£5.95
Budding, 4.5% Organic Pale Ale, 500ml	£5.95
Organic Premium Lager, 500ml	£5.95

WESTON CIDER COMPANY

Wyldwood Organic Cider, 500ml	£5.25
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SPIRITS (25ml)

Smirnoff Red Label, Gordon's Gin, Barcadi, Bells	£3.95
Add mixer for £1	£4.95

SOFT DRINKS

Coke/ Coke Zero/ 7UP	£2.75
Schweppes Tonic/ Soda/ Ginger Ale	£2.75
Frobishers Orange/ Apple Juice	£2.95
Elder Flower/ Appletiser /Ginger Beer	£2.95

BANGKOK CANTEEN

PURIFY WATER

Still / Sparkling 375ml	£1.95
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TEA & COFFEE

All served with ORGANIC Cotteswold Dairy Milk, Tewkesbury

RAINFOREST ALLIANCE CERTIFIED COFFEE

Americano	£2.60	Extra Shot	£0.75
Cappuccino	£3.00	Liqueurs Coffee	£6.99
Espresso	£2.00		
(Double £2.75)			

ORGANIC TEA

Everyday Brew	£2.30	Lemongrass	£2.30
Jasmine	£2.30	Japanese MatCha	£2.95

WHITE WINE

	175ml	250ml	BTL
1. Sauvignon Blanc	£4.95	£5.95	£17.95
France - Fruity - Bright Gold			
2. Willow Brook			£19.95
Three Choirs, Gloucestershire UK - Soft Dry			
3. Pipoul de Pinet			£20.95
Languedoc, France - Crisp, refreshing, pear & floral			
4. Organic Chardonnay			£22.95
France - Peachy with dry exquisite.			
5. Organic Pinot Grigio (VEGAN)			£23.95
Italy - Dry and subtle, Rose & lime			
6. Sauvignon Blanc Reserve			£25.95
Marlborough, New Zealand - Aroma & Fruity			
7. Pouilly Fume			£29.95
Loire, France - Fruity Citrus & smoky hint			

ROSE WINE

	175ml	250ml	BTL
8. Pinot Grigio, Blush	£5.95	£6.95	£18.95
Italy (VEGAN) Light Pink, fruity			
9. Coteaux d'Aix en Provence			£20.95
France - Tinted Pink, Dry, Rose & Watermelon			

RED WINE

	175ml	250ml	BTL
10. Merlot	£4.95	£5.95	£17.95
France - Deep purple red & fruity			
11. Carmenere Reserva			£19.95
Chile - Intense Violet colour & good tannin			
12. Ravens Hill			£23.95
Three Choirs, Gloucestershire UK - Full bodied			
13. Organic Pinot Noir			£23.95
France - Lovely nose of strawberries			
14. Organic Rioja			£24.95
Spain - Purple deep colour, Fruity & Full bodied			
15. Chateau La Fleur Chantecaille			£26.95
St. Emilion Bordeaux France			
16. Malbec, Grand Reserve			£29.95
Mendoza, Argentina - Morello Cherries & flowers			

CHAMPAGNE

	BTL
17. Champagne, La Romantique Brut	£42.95
France - Light & Dry	
18. Champagne, La Romantique Grand Rose	£49.95
France - Medium Dry, Fruity & Fresh	
19. Champagne, Laurent Perrier	£59.95
France - Crisp, Rich, white berry & Lemon	

BUBBLE

	BTL
20. Pinot Nero Spumante Bianco	£24.95
Italy- Light gold nose, Pear & Apple	
21. Vino Spumante Prosecco 20cl	£7.95
Italy - Fruity & light - Small bottle	